

## Step Therapy



Most medical conditions can be treated with several different drug options. There are many drugs that cost much less than others despite working the same way and being just as effective. The Step Therapy program helps you get the treatment you need at the most affordable price.

### Here's how it works:

Get a prescription → Try a **Step 1** drug ↪ Move on to a **Step 2** drug if necessary



Step Therapy means trying less expensive options before moving on to more costly drugs. With this program, you would try a Step 1 drug before a Step 2 drug can be covered by your plan. A Step 2 drug will be covered if the Step 1 drug does not treat the condition it was prescribed for or if it causes side effects that stop treatment.

If your prescription is for a Step 2 drug, our pharmacy system will automatically check for Step Therapy requirements. If your pharmacy history shows you have already tried a Step 1 drug in the recent past, the prescription for the Step 2 drug may be processed. If not, the pharmacist will contact your prescriber for further explanation.

There are some drugs that need an additional step before they can be covered. For a Step 3 drug to be covered, both a Step 1 and a Step 2 drug must be tried first.

Although not listed here, many brand-name drugs with generic equivalents also require Step Therapy. A generic equivalent is a medication that contains the same active ingredients (what makes the medication work) as the brand-name drug, but often costs less.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call customer service at **800-759-3203**.

## Serve You Rx / 2021 Step Therapy

### Step Therapy Medications (2 steps)\*

If you have a prescription for any of the following Step 2 drugs, you will need to first try a Step 1 drug(s) before the Step 2 drug is covered.

CONDITION	STEP 1	STEP 2
ACNE	<b>Any one of the following:</b> Epiduo Forte, Onexton	Acanya <sup>+</sup> , Aktipak <sup>+</sup> , Benzaclin <sup>+</sup> , Benzamycin <sup>+</sup> , Duac, Veltin <sup>+</sup> , Ziana <sup>+</sup>
	<b>Any two</b> single-agent generic topical clindamycin products	Clindagel 1% <sup>+</sup> , Clindamycin Phosphate 1% Gel <sup>+</sup> (ABA)
	doxycycline or minocycline	Minolira <sup>+</sup>
	doxycycline <b>AND</b> minocycline	Seysara
ADHD	<b>Any two of the following:</b> amphetamine-dextroamphetamine, dexamethylphenidate, dextroamphetamine, methylphenidate, clonidine ER, guanfacine ER, Vyvanse	Adderall <sup>+</sup> , Adderall XR <sup>+</sup> , Adhansia XR <sup>+</sup> , Adzenys ER, Adzenys XR-ODT, Aptensio XR, Concerta <sup>+</sup> , Cotelpla XR-ODT, Daytrana, Desoxyn, Dyanavel XR, Evekeo <sup>+</sup> , Focalin <sup>+</sup> , Focalin XR <sup>+</sup> , Jornay PM, Kapvay, Metadate CD, Methylin, Mydayis, Procentra, Qelbree, Quillichew ER, Quillivant XR, Ritalin <sup>+</sup> , Ritalin LA <sup>+</sup> , Zenzedi
ALLERGIC REACTIONS	epinephrine	Auvi-Q 0.3mg <sup>+</sup> , Auvi-Q 0.15mg <sup>+</sup> , Epipen, Epipen Jr <sup>+</sup>
ANTIBIOTICS	doxycycline or minocycline	Acticlate <sup>+</sup> , Adoxa, Doryx <sup>+</sup> , Doryx MPC <sup>+</sup> , Doxycycline Hyclate DR 80mg <sup>+</sup> (ABA), Monodox, Oracea <sup>+</sup> , Solodyn <sup>+</sup> , Targadox <sup>+</sup> , Vibramycin
ANTIPSYCHOTICS#	<b>Any two of the following:</b> aripiprazole, asenapine, clozapine, olanzapine/olanzapine ODT, paliperidone, risperidone/risperidone ODT, quetiapine IR/ER, ziprasidone	Caplyta, Fanapt, Saphris <sup>+</sup> , Secuado <sup>+</sup>
	<b>Any one of the following:</b> aripiprazole, asenapine, clozapine, olanzapine/olanzapine ODT, paliperidone, risperidone/risperidone ODT, quetiapine IR/ER, ziprasidone	Vraylar
ASTHMA/COPD	<b>Any two of the following:</b> Arnuity Ellipta, Flovent Diskus/Flovent HFA, Pulmicort Flexhaler, Qvar RediHaler <sup>+</sup>	Alvesco <sup>+</sup> , ArmonAir Digihaler <sup>+</sup> , Asmanex <sup>+</sup> , Asmanex HFA <sup>+</sup>
	<b>Any two of the following:</b> fluticasone-salmeterol, Advair, Breo Ellipta, Symbicort	AirDuo Digihaler <sup>+</sup> , AirDuo RespiClick <sup>+</sup> , Dulera <sup>+</sup>
	<b>Any two of the following:</b> fluticasone-salmeterol, Advair, Breo Ellipta, Serevent, Striverdi Respimat, Symbicort	Arcapta
	albuterol HFA	Albuterol HFA <sup>+</sup> (Ventolin HFA ABA), Levalbuterol HFA <sup>+</sup> (ABA), ProAir Digihaler <sup>+</sup> , Proventil HFA <sup>+</sup> , Xopenex HFA <sup>+</sup>
	Spiriva	Incruse Ellipta <sup>+</sup> , Seebri Neohaler <sup>+</sup> , Tudorza Pressair <sup>+</sup>

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CONDITION	STEP 1	STEP 2
	<b>Anoro Ellipta AND Stiolto Respimat</b>	<b>Bevespi Aerosphere<sup>+</sup>, Duaklir Pressair<sup>+</sup>, Utibron Neohaler<sup>+</sup></b>
	montelukast or zafirlukast	zileuton ER, <b>Zyflo, Zyflo CR</b>
CARDIOVASCULAR	<b>Any one of the following:</b> benazepril, captopril, enalapril, fosinopril, lisinopril, moexipril, perindopril, quinapril, ramipril, trandolapril, benazepril-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, moexipril-HCTZ, quinapril-HCTZ, amlodipine-benazepril, trandolapril-verapamil, losartan, losartan-HCTZ, candesartan, candesartan-HCTZ, irbesartan, irbesartan-HCTZ, telmisartan, telmisartan-HCTZ, amlodipine-olmesartan, olmesartan, olmesartan-HCTZ, amlodipine-olmesartan-HCTZ	<b>Edarbi, Edarbyclor, Tekturna HCT</b>
	<b>Any two of the following:</b> acebutolol, atenolol, betaxolol, bisoprolol, carvedilol IR/ER, labetalol, metoprolol IR/ER, nadolol, pindolol, propranolol IR/ER	<b>Kaspargo<sup>+</sup></b>
	propranolol ER	<b>Inderal LA<sup>+</sup>, Innopran XL<sup>+</sup></b>
	amlodipine <b>AND any one of the following:</b> diltiazem, felodipine, isradipine, nifedipine, nisoldipine, verapamil	<b>Conjupri<sup>+</sup></b>
	amlodipine	<b>Katerzia<sup>+</sup></b>
	amlodipine <b>AND</b> celecoxib	<b>Consensi<sup>+</sup></b>
CHOLESTEROL	<b>Any one of the following:</b> atorvastatin, fluvastatin/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	<b>Altoprev, Ezallor Sprinkle, Flolipid, Lescol XL,<sup>+</sup> Lipitor,<sup>+</sup> Livalo,<sup>+</sup> Pravachol,<sup>+</sup> Simvastatin Suspension (ABA), Zocor<sup>+</sup></b>
	fenofibrate or fenofibric acid <b>AND Lipofen</b>	<b>Fenoglide, Fibricor, Lofibra, Triglide</b>
	ezetimibe <b>AND</b> rosuvastatin	<b>Roszet</b>
CONTRACEPTION	etonogestrel/ethinyl estradiol vaginal ring or Eluryng	<b>Annovera<sup>+</sup></b>
	<b>Any two of the following:</b> Camila, Deblitane, Errin, Heather, Incassia, Jencycla, Jolivette, Lyza, norethindrone 0.35mg, Nora-Be, Norlyda, Norlyroc, Sharobel, Tulana	<b>Slynd<sup>+</sup></b>

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CONDITION	STEP 1	STEP 2
	generic levonorgestrel/ethinyl estradiol <b>AND</b> Xulane or Zafemy	Twirla <sup>+</sup>
<b>CORTICOSTEROIDS</b>	<b>Any two of the following:</b> prednisone, prednisolone, methylprednisolone	Rayos <sup>+</sup>
<b>DEPRESSION#</b>	bupropion SR	Aplenzin, Bupropion XL (ABA) <sup>+</sup> , Forfivo XL <sup>+</sup>
	<b>Any two of the following:</b> citalopram, desvenlafaxine ER, escitalopram, fluoxetine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER, duloxetine, bupropion, mirtazapine	Desvenlafaxine ER (ABA), Khedezla, Paxil Suspension, Trintellix
	duloxetine	Drizalma Sprinkle
	<b>Any two of the following:</b> desvenlafaxine ER, duloxetine, venlafaxine, venlafaxine ER	Fetzima
<b>DIABETES</b>	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Actoplus Met XR, Avandia, Bydureon, Bydureon BCise, Byetta, Cycloset, Glyxambi, Janumet, Janumet XR, Januvia, Jardiance, Jentadueto, Jentadueto XR, Ozempic, Riomet, Riomet ER, Rybelsus, Soliqua, Synjardy, Synjardy XR, Tradjenta, Trijardy XR, Trulicity, Victoza, Xigduo XR, Xultophy
	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone, captopril, enalapril, fosinopril, lisinopril, perindopril, quinapril, ramipril, trandolapril, candesartan, losartan, valsartan, bisoprolol, carvedilol IR/ER, metoprolol succinate IR/ER, eplerenone, spironolactone	Farxiga
	<b>Any two of the following:</b> Humalog, Lyumjev, Novolog <sup>+</sup>	Admelog <sup>+</sup> , Apidra <sup>+</sup> , Fiasp <sup>+</sup> , Insulin Aspart <sup>+</sup> (ABA), Insulin Aspart Mix 70/30 <sup>+</sup> (ABA), Insulin Lispro <sup>+</sup> (ABA), Insulin Lispro Junior <sup>+</sup> (ABA)
	<b>Any two of the following:</b> Lantus, Levemir <sup>+</sup> , Toujeo, or Tresiba <sup>+</sup>	Basaglar <sup>+</sup> , Semglee <sup>+</sup>
	Contour Next test strips	All other blood glucose test strips
	Contour Next meters	All other blood glucose meters
	<b>Any one of the following:</b> Baqsimi, Glucagon (generic or Fresenius manufacturer), Gvoke HypoPen	Glucagen HypoKit, Zegalogue
<b>EAR CONDITIONS</b>	ofloxacin	Cetraxal
	ofloxacin <b>AND</b> ciprofloxacin/dexamethasone otic	Ciprodex <sup>+</sup>

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CONDITION	STEP 1	STEP 2
GASTROINTESTINAL (MISC.)	polyethylene glycol or lactulose	<b>Linzess, Movantik, Symproic</b>
	<b>Creon AND Zenpep</b>	<b>Pancreaze, Pertzye, Viokace</b>
	<b>Any one of the following: Clenpiq, Prepopik, Suprep</b>	<b>MoviPrep, OsmoPrep, Plenvu, Sutab</b>
GOUT	colchicine tablets	<b>Colchicine Capsules (ABA), Colcrys, Gloperba, Mitigare</b>
	allopurinol	<b>Duzallo, Uloric, Zurampic</b>
HORMONE REPLACEMENT	estradiol patch	<b>Alora, Menostar, Minivelle</b>
	<b>Any one of the following: Imvexxy, Osphena, Premarin Vaginal Cream</b>	<b>Femring</b>
	<b>Any two of the following: Imvexxy, Osphena, Premarin Vaginal Cream</b>	<b>Intrarosa</b>
INSOMNIA	<b>Any one of the following: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem ER</b>	<b>Belsomra, Dayvigo</b>
	zolpidem or zolpidem ER	<b>Edluar, Zolpimist</b>
MIGRAINE	<b>Any two of the following: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan/ODT, sumatriptan, zolmitriptan/ODT</b>	<b>Onzetra Xsail, Tosymra, Treximet, Zomig Spray, Zolmitriptan Nasal Spray (ABA)</b>
NASAL POLYPS	mometasone nasal spray <b>AND Beconase AQ</b>	<b>Xhance</b>
NEUROLOGIC	gabapentin	<b>Gralise</b>
	<b>Any one of the following: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin</b>	<b>Lyrica CR, Savella</b>
NOCTURIA	<b>Nocturna</b>	<b>Noctiva</b>
OPHTHALMIC	azelastine <b>AND</b> olopatadine	<b>Bepreve, Lastacaft, Zerviate</b>
	<b>Any one of the following: diclofenac ophthalmic, flurbiprofen ophthalmic, ketorolac ophthalmic AND Prolensa</b>	<b>Bromsite, Ilevro, Nevanac</b>
	latanoprost <b>AND</b> travoprost <b>AND Lumigan</b>	<b>Xelpros, Vyzulta</b>
	timolol ophthalmic solution	<b>Timoptic Ocudose</b>
OPIOID OVERDOSE	<b>Narcan Nasal Spray</b>	<b>Evzio, Naloxone Injection 2mg (ABA)</b>
OPIOID WITHDRAWAL	clonidine	<b>Lucemyra</b>
OVERACTIVE BLADDER	<b>Any one of the following: oxybutynin IR/ER, tolterodine IR, trospium IR/ER</b>	<b>Gelnique, Gemtesa, Oxytrol, Vesicare LS</b>

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CONDITION	STEP 1	STEP 2
PAIN (NON-NARCOTIC ANALGESICS)	<b>Any two of the following:</b> diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	<b>Cambia,+ Diclofenac Capsule 35mg+ (ABA), Indocin, Indomethacin Capsule 20mg (ABA), Tivorbex, Vivlodex, Zorvolex+</b>
	nabumetone	<b>Relafen DS+</b>
	baclofen	<b>Ozobax+</b>
PARKINSON'S	carbidopa-levodopa or carbidopa-levodopa ER	<b>Rytary</b>
	rasagiline <b>AND</b> selegiline	<b>Xadago</b>
	pramipexole IR/ER or ropinirole IR/ER	<b>Neupro</b>
	entacapone or tolcapone	<b>Ongentys</b>
PROSTATIC HYPERTROPHY (BPH)	<b>Any two of the following:</b> alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	<b>Cardura XL</b>
PSORIASIS	calcipotriene	<b>Calcipotriene Foam 0.005%+ (ABA), Sorilux+</b>
	budesonide ER	<b>Ortikos+</b>
ROSACEA	<b>Any one of the following:</b> azelaic acid gel, <b>Finacea Foam, Soolantra</b>	<b>Finacea Gel, Noritate,+ Zilxi</b>
	<b>Any one of the following:</b> metronidazole gel, <b>Finacea Foam, Soolantra</b>	<b>Metrogel+</b>
SEIZURES#	topiramate IR	<b>Qudexy XR,† Trokendi XR</b>
	oxcarbazepine IR	<b>Oxtellar XR+</b>
	<b>Any one of the following:</b> lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	<b>Briviact, Xcopri</b>
	levetiracetam ER	<b>Elepsia XR</b>
SKIN CONDITIONS (MISC.)	topical corticosteroid	<b>Eucrisa</b>
	topical fluorouracil or topical imiquimod	diclofenac gel 3%, <b>Klisyri, Picato</b>
	imiquimod cream 5%	<b>Imiquimod Cream 3.75%+ (ABA), Zyclara+</b>
	tacrolimus ointment	<b>Elidel,+ Protopic</b>
THYROID	levothyroxine	<b>Armour Thyroid, Levothyroxine Capsule+ (ABA), Nature-Thyroid, Synthroid,+ Thyquidity+</b>
ULCER/REFLUX	<b>Any two of the following:</b> esomeprazole magnesium, lansoprazole, omeprazole, pantoprazole, rabeprazole, <b>Dexilant</b>	<b>Aciphex,† Esomeprazole Strontium, First-Lansoprazole Suspension, First-Omeprazole Suspension, omeprazole/bicarbonate,+ Prevacid,+ Prilosec, Protonix,† Rabeprazole Sprinkle+ (ABA), Zegerid+</b>

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CONDITION	STEP 1	STEP 2
ULCERATIVE COLITIS	Apriso	Asacol HD <sup>‡</sup> , Delzicol <sup>‡</sup> , Lialda <sup>‡</sup>

### Step Therapy Medications (3 steps)\*

If you have a prescription for any of the following Step 3 drugs, you will need to first try a Step 1 and a Step 2 drug(s) before the Step 3 drug is covered.

CONDITION	STEP 1	STEP 2	STEP 3
CHOLESTEROL	<b>Any one of the following:</b> atorvastatin, fluvastatin/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	Livalo <sup>+</sup>	Zypitamag <sup>+</sup>
DIABETES	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Farxiga or Xigduo XR <b>AND</b> Glyxambi, Jardiance, Synjardy, Synjardy XR or Trijardy XR	Invokamet, <sup>+</sup> Invokamet XR, <sup>+</sup> Invokana, <sup>+</sup> Qtern, <sup>‡</sup> Steglatro, <sup>‡</sup> Steglujan, <sup>‡</sup> Segluromet <sup>+</sup>
	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Janumet, Janumet XR, or Januvia <b>AND</b> Jentaduetto, Jentaduetto XR, or Tradjenta	Alogliptin <sup>+</sup> (ABA), Alogliptin/Metformin <sup>+</sup> (ABA), Alogliptin/Pioglitazone <sup>+</sup> (ABA), Kazano, <sup>‡</sup> Kombiglyze XR, <sup>‡</sup> Nesina, <sup>‡</sup> Onglyza, <sup>‡</sup> Oseni <sup>+</sup>
	<b>Any one of the following:</b> metformin, metformin ER, metformin-glipizide, metformin-glyburide, metformin-pioglitazone	Bydureon, Bydureon BCise or Byetta <b>AND</b> Ozempic, Rybelsus, Trulicity, or Victoza	Adlyxin <sup>+</sup>
GASTROINTESTINAL (MISC.)	polyethylene glycol or lactulose	Linzess	Motegrity, Trulance <sup>+</sup>
	polyethylene glycol or lactulose	Linzess, Movantik, <sup>‡</sup> or Symproic	Amitiza <sup>+</sup> , Lubiprostone <sup>+</sup> (ABA)
	polyethylene glycol or lactulose	Movantik <sup>+</sup> or Symproic	Relistor <sup>+</sup>

+ May be excluded from coverage. Check your benefit plan documents for excluded medications.

\* The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

# Grandfathering allowed on medications under this Condition. All other Conditions do not allow grandfathering.

If you have additional questions, please call customer service at 800-759-3203 or visit [serveyourrx.com](http://serveyourrx.com).

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